

### **Unit 17 Dance and Performing Arts Limited**

Unit 17

Rothersthorpe Avenue Industrial Estate Northampton NN4 8JH

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Please find below details, times and costs of our classes at Unit 17. Should you require further information do not hesitate to contact one of the Unit 17 Team on any of the contact details above.

# Dance & Performing Arts Styles & Disciplines Offered at Unit 17

### **Ballet**

Ballet is one of the most beautiful and graceful dance styles. It encourages students to develop skill, control and flexibility. Students will gain precision of movement, strong techniques and a secure posture that will assist with all areas of dance.

### Lyrical

Lyrical is a combination of Ballet and Modern Jazz. It takes the grace, poise, elegance and technique of Ballet and links this with steps associated with Modern Jazz to create a performance driven discipline. The must that supports Lyrical helps bring out emotion, fluidity of movements and musicality. A stunning dance style.

### **Modern Jazz**

Modern Jazz has the wonderful ability of being able to adapt and evolve with the changing fashion in dance. In Modern Jazz we aim to make students supple, strong and stylish!

#### Tap

Tap is one of the most enjoyable and rhythmical forms of dance. At Unit 17 we hope students find this skilful and challenging art form fantastic fun and very rewarding.

### **Speech and Drama**

Speech and Drama at Unit 17 is not only about acting, it is about building confidence. The class also develops team work and cooperation, as well as the dramatic skills of mime, script reading, improvising, directing and an understanding of what it is like to be on the stage. All student will have the opportunity to work towards and be entered for their BTDA Speech and Drama examinations.

## Singing

Singing lessons at Unit 17 will help to build vocal technique, understanding and confidence. The students will be a taught a variety of styles from pop to musical theatre. Vocal Unit will also teach the important skills such as breathing, microphone technique, the use of movement and emotion to enhance a song and working as a group to sing in perfect harmony. Vocal Unit classes will also take part in a performance each year.

### **Musical Theatre**

Combining singing, dance and acting this fun, fast paced class will develop a student's skills and understanding of the wonderful world of Musical Theatre. Musical Theatre classes will also take part in a performance each year.

#### Class Prices

Unit 17 operates a 'pay as you come' system. All prices are listed on our timetable below:





# Monday

Adult Tap – Beginners/Intermediate	6:00pm – 6:45pm	£5
Adult Tap – Advanced	6:00pm – 6:45pm	£5
Adult Modern	6:45pm – 7:30pm	£5
Hip Hop Juniors	6:00pm – 6:45pm	£5
Hip Hop Seniors	6:45pm – 7:30pm	£5

## Wednesday

BTDA Preparatory Ballet, Gold Rose Award Ballet, Modern and Tap	4:00pm – 5:00pm	£5.50
Show Skills 2 – Green	4.00μπ 3.00μπ	15.50
BTDA Primary Ballet, Preparatory Modern and Tap – Indigo	4:00pm – 4:45pm	£5
Show Skills 3 – Indigo	4:45pm – 5:30pm	£5
BTDA Grade 4 Ballet	7:00pm – 7:30pm	£2.75
BTDA Grade 4 Modern	5:00pm – 5:30pm	£2.75
BTDA Grade 4 Tap	5:30pm – 6:00pm	£2.75
BTDA Grade 5 Ballet	7:00pm – 7:30pm	£2.75
BTDA Grade 5 Modern	5:00pm – 5:30pm	£2.75
BTDA Grade 5 Tap	5:30pm – 6:00pm	£2.75
Grade 4 and 5 Stretch and Flex	6:00pm – 6:30pm	£0
Show Skills 6	7:30pm – 8:30pm	£5.50
Major Grade Stretch and Flex – a	5:30pm – 6:00pm	£2
BTDA Grade 6 Ballet	8:45pm – 9:15pm	£3
BTDA Intermediate Modern	6:00pm – 6:30pm	£3
BTDA Advanced Foundation Modern	6:00pm – 6:30pm	£3
BTDA Grade 6 Tap	6:30pm – 7:00pm	£3
Show Skills 7	7:30pm – 8:30pm	£5.50
Major Grade Stretch and Flex – b	8:30pm – 8:45pm	£0
Grade 7 Ballet	7:00pm – 7:30pm	£3
Advanced 1 Modern	6:00pm – 6:30pm	£3
Advanced 2 Modern	8:45pm – 9:15pm	£3
Advanced 1 Tap	6:30pm – 7:00pm	£3
Advanced 2 Tap	6:30pm – 7:00pm	£3
Show Skills 8	7:30pm – 8:30pm	£5.50



# Thursday

Caterpillars and Butterflies - 2 to 4 years	1:00pm – 1:45pm	£5
Baby Ballet - 2 to 4 years	2:00pm – 2:30pm	£2.75
Baby Ballet - 2 to 4 years	2:30pm – 3:00pm	£2.75
BTDA Silver Rose Award Ballet, Modern and Tap Show Skills 1 Yellow	4:00pm – 4:45pm	£5
BTDA Grade 2 Lyrical	4:30pm – 5:00pm	£2.75
BTDA Grade 4 Lyrical	7:30pm – 8:00pm	£2.75
BTDA Grade 7 Lyrical	7:30pm – 8:00pm	£2.75
Vocal Unit Juniors	5:00pm – 5:45pm	£5
Vocal Unit Juniors  Musical Theatre Juniors	5:00pm – 5:45pm 5:45pm – 6:45pm	£5 £5.50
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Musical Theatre Juniors	5:45pm – 6:45pm	£5.50
Musical Theatre Juniors  Musical Theatre Intermediates	5:45pm – 6:45pm 5:45pm – 6:45pm	£5.50 £5.50
Musical Theatre Juniors  Musical Theatre Intermediates  Drama Juniors	5:45pm – 6:45pm 5:45pm – 6:45pm 6:45pm – 7:30pm	£5.50 £5.50

# Saturday

Teeny Dancers	9:00am – 9:45am	£5
Tiny Dancers	8:45am to 9:30am	£5
Mini Dancers	9:45am – 10:30am	£5
BTDA Silver Rose Award Ballet, Modern and Tap Show Skills 1 Red	10:00am – 10:45am	£5
BTDA Silver Rose Award Ballet, Modern and Tap Show Skills 1 Orange	10:45am – 11:30am	£5
BTDA Silver Rose Award Ballet, Modern and Tap Show Skills 1 Pink	12:00pm – 12:45pm	£5
BTDA Preparatory Ballet, Gold Rose Award Ballet, Modern and Tap Show Skills 2 Purple	9:00am – 10:00am	£5.50
BTDA Preparatory Ballet, Gold Rose Award Ballet, Modern and Tap Show Skills 2 Blue	9:30am – 10:30am	£5.50
BTDA Preparatory Ballet, Gold Rose Award Ballet, Modern and Tap Show Skills 2 Coral	10:45am – 11:45am	£5.50
BTDA Primary Ballet, Preparatory Modern and Tap – Lilac	10:30am – 11:15am	£5
Show Skills 3 – Lilac	11:15am – 12:00pm	£5
BTDA Primary Ballet, Preparatory Modern and Tap – Teal	10:30am – 11:15am	£5
Show Skills 3 – Teal	11:15am — 12:00pm	£5



### **Saturday**

BTDA Introduction to Grade 1 Ballet, Primary Modern and Tap	12:00pm – 1:00pm	£5.50
BTDA Grade 1 Ballet, Modern and Tap	11:30am – 1:00pm	£8.25
Show Skills 4	1:00pm – 2:00pm	£5.50
BTDA Grade 2 Ballet, Modern and Tap	2:00pm – 3:30pm	£8.25
BTDA Grade 3 Ballet, Modern and Tap	2:00pm – 3:30pm	£8.25
Show Skills 5	1:00pm – 2:00pm	£5.50
Hip Hop Juniors – 4 to 7 years	12:45pm – 1:15pm	£3
Hip Hop Juniors – 8 to 12 years	1:15pm – 2:00pm	£5

# **Class Descriptions**

### **BTDA**

British Theatre Dance Association graded examinations make a significant contribution to education and the Performing Arts. At Unit 17 we have chosen to follow this syllabus for many reasons. We feel it encourages individual students to express themselves through dance and enables them to work towards qualifications that open up career opportunities. These syllabuses place an emphasis on performance and help the students develop a broad base of skill and abilities in many different disciplines. They are a great way of bringing out students' own personalities and assisting with social skills. In addition to all of this, BTDA grades are accredited into the National Framework and are GCSE and A Level equivalents. We offer BTDA classes in Ballet, Lyrical, Modern Jazz, Tap and Speech & Drama.

#### Who is suitable to join BTDA classes?

Ages 4 years old to adult

### **Show Skills**

In Show Skills students will be taught a variety of skills and styles in every area of Performing Arts by the Unit 17 Team and guest teachers. Students will be involved in at least two shows a year to show off all of the 'Show Skills' you have learnt!

#### Who is suitable to join Show Skills classes?

Due to the variety of styles students will encounter in this class and the dedication they need to demonstrate, students will need to participate in at least three other BTDA classes to join the Show Skills Classes.

### **Teeny, Tiny and Mini Dancers**

Special classes to help develop confident and understanding of a variety of dance and performing arts styles, including Ballet, Modern, Tap, Street Dance, Character building and singing, whilst having lots of fun and burning lots of energy!

### **Open/Adult Classes**

Open and Adult Classes are designed for students or adults who want to try out the different disciplines without taking exams. They will help develop or expand on students' current skills and knowledge. We aim to make these classes fun filled and action packed. We also work towards shows in these classes.

Open Classes = 5 to 16 Years	Singing	Musical Theatre	Drama	Нір Нор
Adult Classes = 17+	Modern	Тар		